



Welcome to our local **EXPERIENCES**
HIKE - BIKE - WINE TASTING & AMAZING LANDSCAPE

WE HAVE FACE!



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Simply Catalonia

Welcome to enjoy a qualitative tourism, a sustainable way of travelling focused in the social, cultural and environmental respect.

We propose you discovering Catalonia through Girona and the Empordà regions (Costa Brava). Both hide colorful landscapes & nature treasures like the coastal ways or rich biological reserves.

Owners of a wide local knowledge, these regions show us their identity and their amazing cultural heritage on traditions and gastronomy.

Let us guide you to our local essentials & bring back home a "trip to remind".

A scenic landscape featuring a large, single-arch stone bridge spanning a river. The bridge is constructed from dark, weathered stone blocks. The river flows through a deep, rocky gorge, with the water reflecting the sky. The banks are covered in dense, lush green trees and shrubs. In the background, rolling hills are visible under a clear blue sky with a few wispy clouds. The overall atmosphere is peaceful and natural.

“

**Two roads diverged in a wood and I
- I took the one less traveled by.**

...

ROBERT FROST

Day 1 – LOCAL SEAFOOD CUISINE

- 13:00h Arrival to Barcelona airport and transfer to Monells (Girona).
- 15:30h Brunch at the cozy stone village of the Empordà region.
- 16:30h Check in at 4* RURAL Hotel in Monells..
- 17:30h Transfer to Palamós harbour.
- 18:30h Catalan cooking class & dinner at “Espai del Peix” (2h)
- 22:00h Transfer to Monells.

Day 2 – MEDIEVAL CYCLING & POTTERY

- 09:30h Guided visit to the medieval village of Peratallada (30 min.)
- 10:00h Electrical byke route “Peratallada's surrounding” (3h – 4h)
- 12:00h Appetizer time! (half route).
- 14:30h Lunch in La Bisbal d’Empordà.
- 16:00h Pottery Workshop in La Bisbal d’Empordà (2h).
- 19:00h Guided tour: the traditional pottery and artisan masters (45 min.)



Day 3 – COASTAL PANORAMIC HIKE & WINE TASTING

09:00h Transfer to Calella de Palafrugell.

10:00h Hike by the Costa Brava ways from Calella (2.20h).

14:00h Gastronomic lunch at a rural property in Palamós.

15:30h Visit to her vineyard and recognized wine cellar.

17:00h Transfer to Monells.

Day 4 – DEPARTURE

07:30h Breakfast

08:00h Transfer to Barcelona airport.

TOTAL ESTIMATE: from 698€ person.

Included accommodation, transports & meals.

With travel insurance & taxes too.



Local Knowledge

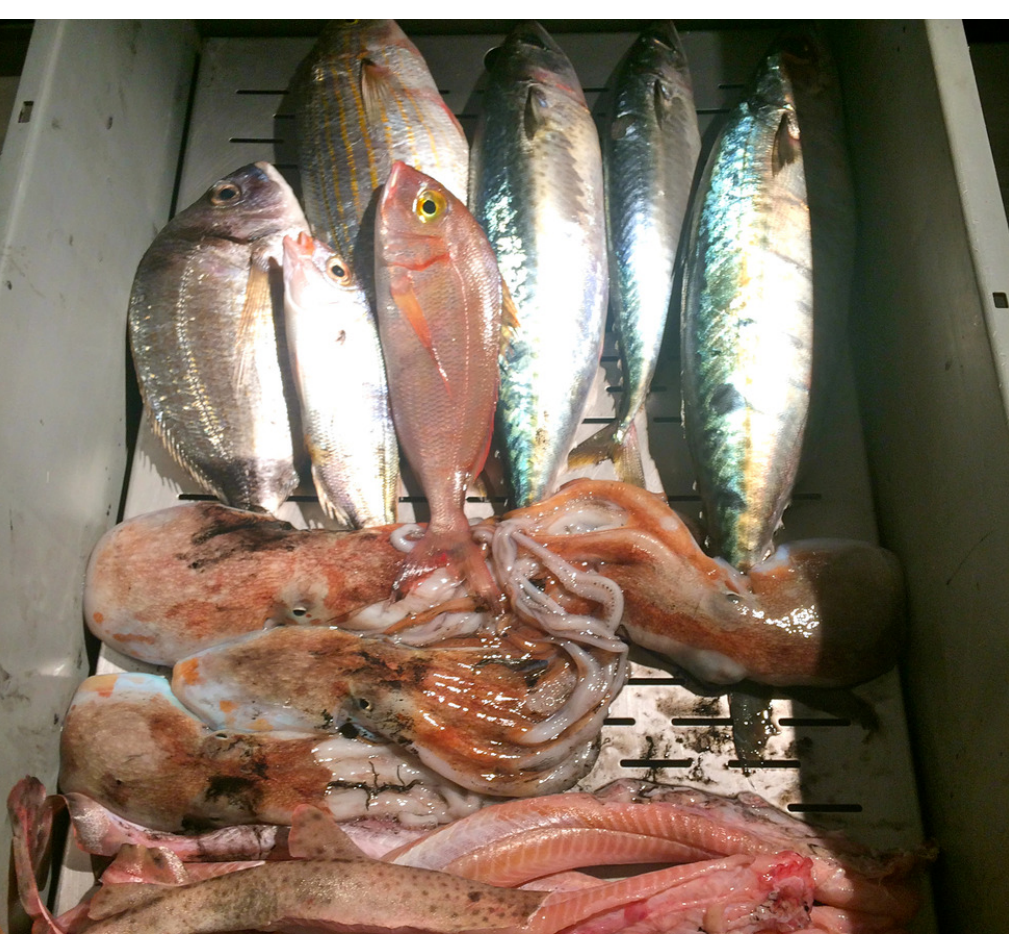


DAY 1

Let's cook...

We show you how to cook our seafood recipes by a sailor and professional chef. Take a look on the catalan sea dogs traditional cookbook and let's prepare something tasty!

Follow the chef indications to prepare some delicious catalan dishes like like Octopus salad, Fideuá or Fish soup, the well-known "Suquet de Peix". We will end with a sweet surprise!





“

**A country's cuisine is its
landscape in a cooking pot**

...

JOSEP PLA



Landscape
& Cycle

A photograph of a stone archway in a medieval town. The arch is made of rough-hewn stones and is partially covered with green vines. Above the arch, there is a window with a red frame and a red shutter. The sky is blue with some clouds. The overall scene is bright and sunny.

DAY 2

The region

We discover you one of the most beautiful medieval towns of Catalonia. You'll ride its surrounding on a funny way! By our electrical bykes you will enjoy through golden fields & sweet landscapes of wind and calm. As a final touch, you will recover strengths with a fooddie appetizer!

But, there is more! After a tasty meal, you will learn the traditional craftwork of pottery. Doing your own pieces, you will understand why this region has more than 500 years of experience in that field. We will be pleased to guide you along littles local artisan masters.



DAY 2





Hike &
Wine

A scenic view of a rocky coastline. On the left, a large, ancient stone building with a balcony and a stone tower sits on a cliffside. A massive, lush green pine tree stands prominently in the center, its branches extending over the cliff. The sea is a deep, clear blue, with rocky outcrops visible in the water. The sky is a clear, bright blue. A large, semi-transparent yellow triangle is overlaid on the right side of the image, containing text.

DAY 3

Nature lovers!

We have choose for you one of our hike essentials. As a locals, we are shure you can't loose the opportunity to walk the superb sea paths of our loved Costa Brava. On one side the green of pines trees and on the other the deep turquoise of clean waters.

Let's enjoy of an amazing nature of hidden coves made of great views and lost sailor shacks. Lets continue with a luch in a amazing rural property with his own wine Cellar. There you will enjoy of a gourmet luch - wine taste in a lovely rewarded wine cellar.





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Enjoy the little things in life,
for one day you will look back and realize
they were the big things.

...

TURISMON MOMENT



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